

Tueller Counseling Services is hiring Certified Peer Support Specialists (CPSS) to work one on one with individuals in need of support on their mental health recovery journey. A CPSS is a person who has personal lived experience with their own mental illness or co-occurring disorders, is strong in their recovery, and works alongside individuals receiving mental health services to role model recovery and support individuals in setting and achieving recovery goals.

## Requirements

- Applicants must complete Peer Support Specialist Training and be <u>certified as a CPSS in</u> the state of Idaho
- High School Diploma or GED
- Must be able to pass a background check through the Department of Health and Welfare
- Driver's license and proof of auto insurance

#### Location

Tueller Counseling Services is located at 2275 West Broadway, Idaho Falls, Idaho. We are hiring CPSSs who will work in the Idaho Falls, Rigby, Rexburg, Shelley areas.

### Wage

CPSSs at Tueller Counseling Services start at \$17 per hour, and the range for a CPSS is \$17 to \$22 an hour.

### **Hours**

CPSSs typically start out part-time to provide time for training and shadowing and then have the opportunity to grow into a full-time position if desired. CPSSs are able to work a flexible schedule and set their own hours. CPSSs must attend one staff meeting per week and meet one-on-one with their supervisor once per week.

# Cell Phone, Laptop, and Mileage

A CPSS must have a laptop to do necessary paperwork. CPSSs must use their personal vehicle to perform job duties.



## **Benefits**

Paid staff training and eligibility for health and dental insurance and paid vacation for employees working 30 hours per week or greater.

Some benefits include:

- Medical, dental, vision insurance
- Paid time-off
- Free medical care

Please send resumes to <a href="mailto:erich@tuellercounseling.org">erich@tuellercounseling.org</a> and contact Eric at 208-524-7400 with questions. Please read on for our full CPSS job description.



Job Title: Certified Peer Support Specialist (CPSS)
Position Reports To: Peer Support Supervisor

### **Job Summary:**

The CPSS works within the scope of practice as established by the <u>certification of Idaho CPSSs</u>. As a fully integrated member of the professional team, the CPSS will provide peer support services to adults experiencing mental health challenges. All peer support services delivered will promote hope, wellness, recovery, and resiliency for participants. The CPSS also supports a culture of trauma-informed, recovery-oriented, person-centered, strength-based services within the agency by sharing peer support values and lived experience with other team members.

### **Requirements:**

- Personal lived experience with a mental health or co-occurring diagnosis and strength in personal recovery with at least one ongoing and continuous year in strong recovery
- · Current Idaho CPSS certification
- · GED or high school diploma
- · Ability to pass a DHW criminal background check
- · Solid understanding of recovery as a process that is unique for each individual
- · Willingness to share one's recovery experience with participants and staff

# **Essential Responsibilities:**

CPSS meets with qualified participants in their home and/or in the community to build relationships and support participants in setting and achieving self-directed recovery goals. The CPSS maintains confidentiality of all participant documents, files and communication in written, electronic and/or verbal form.

### **CPSS Duties:**

- · Share personal recovery experiences and develop authentic peer-to-peer relationships
- Support participants in developing self-directed recovery plans that build on participants' strengths and personal wellness goals
- · Support participants in achieving their recovery goals
- · Serve as a role model in recovery and support participants in finding hope and selfempowerment to live a self-directed life
- Encourage participants to guide their own recovery process and advocate for their needs and rights with their treatment team and in the community



- Support strategies for participants to identify wellness tools, problem solve, advocate for themselves, combat negative self-talk, and build hope
- Provide individualized support in accessing community resources and developing natural supports in the community of the participant's choice
- Promote a culture of trauma-informed, strength-based, person-centered, recovery-oriented care within the agency
- Prepare strength-based case notes on the peer support services provided and encourage participant involvement in writing their case notes

#### **CPSS Role on the Team:**

- · Communicate with the Team about participants' strengths, accomplishments, and choices in relation to their recovery goals
- Serve as a resource to the Team on incorporating recovery-oriented strategies and tools into all services that are offered
- Reinforce an approach of participant self-determination in all aspects of service planning and support a reduction of stigma in the agency environment
- Provide ongoing perspective to Team members on the experience of living with mental illness and navigating a recovery process
- · Provide input in developing trauma-informed, person-centered, strength-based, recovery-oriented assessments and service plans
- · Maintain documentation as required including recovery plans, reviews, and case notes
- · Participate in training required for Team members and encourage training on traumainformed, strength-based, person-centered recovery-oriented topics for all staff

# **CPSS Employee Responsibilities:**

- · Submit weekly progress notes and time sheets
- · Create a Recovery Plan for each client, with client participation and input
- Participate in 90 day and annual evaluation interviews regarding one's experience working as a CPSS
- · Participate in ongoing evaluation of peer support programming
- · Respond to participant and staff phone calls in a timely and professional manner



## **Job Qualifications:**

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill and abilities required. Reasonable accommodations may be made to allow employees to perform essential functions.

#### **Skills and Abilities:**

- · Ability to communicate effectively, both verbally and in writing
- Ability to effectively present information and respond in written and/or oral format to questions from team members, participants, and other community members
- Ability to provide peer support while maintaining appropriate professional boundaries with participants
- · Ability and willingness to participate as a member of a multidisciplinary team
- · Proficient computer skills
- · Access to a vehicle for independent travel
- · Access to a laptop to complete paperwork

#### **Ethics and Professional Conduct:**

- Ensure all participant records are maintained in a confidential manner
- · Share participant information only with those for whom the participant has given consent
- Work with participants of all ages over 18, races, religions, and socioeconomic backgrounds in a respectful and non-judgmental manner
- · Contribute to a recovery-oriented environment by using person-first language, respectful documentation, and person-centered planning
- Maintain professional boundaries with participants and not engage in inappropriate relationships or exchange money, gifts, or favors with participants
- Follow the Idaho Certified Peer Support Specialist Code of Ethics and Professional Conduct

# **Supervision:**

The CPSS will report to the Peer Support Supervisor. The Supervisor will be responsible for day-to-day oversight and support of the CPSS's service delivery, participation on the Team, and understanding of agency policies and procedures. The Supervisor will provide support and technical assistance to the CPSS through individual coaching on applying the concepts and skills of recovery-based services. The CPSS will provide support to the Supervisor in understanding the peer support role and value of lived experience and a recovery process.